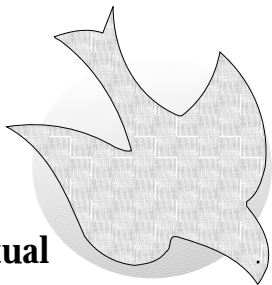


Tending the Holy

A Directory
of
Spiritual
Direction &
Retreat Centers
2009-2011

Board of Ordained Ministry
West Michigan Conference
The United Methodist Church



What is spiritual direction?

Spiritual Direction is an unfolding conversation between two persons focused upon the faith journey of the one seeking direction. While attending to the immediacy of daily living, the primary goal is learning to recognize the movement of God's Spirit, and to discern ways of giving expression to that movement.

Why is it called direction?

The Latin origin of the word offers a partial answer. The root meaning implies "a straight line." Spiritual Direction offers the freedom to journey straight to the heart of any concern. As the journey unfolds, the director accompanies the "directee", while the "still small voice" of God remains the true Director.

Why seek spiritual direction?

Reasons for entering spiritual direction may include any or all of the following:

- unexpected life change,
- personal doubt or confusion,
- loss of purpose or meaning,
- vocational frustration,
- curiosity about the future.

What happens in spiritual direction?

Spiritual direction provides a safe and non-judgmental environment where the interface of faith and daily living is taken seriously. Personal concerns, hopes and dreams are explored in relationship to the movement of the Holy, of the Divine. In time, the “directee” learns to become more attentive to:

- movement toward and away from God,
- patterns of fear and trust,
- experience and relevance of prayer,
- awareness or denial of choice,
- meaning of forgiveness,
- joy of renewed freedom.

How is spiritual direction different than counseling?

In counseling or psychotherapy, the resolution of problems and the restoration of emotional health are the primary goals. The spiritual

dimension of life may or may not be a part of the process.

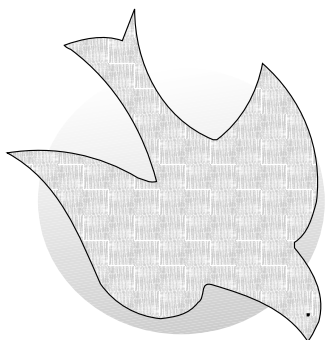
In Spiritual Direction, the presence or absence of a vital covenant with God is the primary focus. Personal concerns, therefore, are always explored from the perspective of faith experience. Whenever crises or trauma impede such exploration, a referral for personal counseling is considered.

What training is required?

Spiritual directors are drawn from a broad spectrum of the Christian Faith. As ordained clergy, consecrated religious or laypersons, spiritual directors normally complete a two-year internship. The training includes emphasis upon Christian spirituality, psychological development, spiritual formation, individual and group supervision. Spiritual directors are expected to remain in active personal supervision.

What is the cost for spiritual direction?

Fees are negotiated with the spiritual director and are sensitive to the financial situation of the directee.



Spiritual Directors & Retreat Centers

The Order of Elders is pleased to present the following list of spiritual directors and retreat centers available to clergy in the West Michigan Conference.

This directory is a resource for collaboration and referral; as such, it is offered as information only.

Accordingly, The West Michigan Conference of The United Methodist Church and its representatives do not specifically recommend any one individual or institution listed in this directory.

The utilization of the services offered is, therefore, solely at the discretion of those seeking such services.

Spiritual Directors

Spiritual Directors

Amy L. Alflen
9804 Cherry Avenue
Rapid City, MI 49676
(W) 231-922-2737
amylalf@cs.com

Carolyn Ballmer
P.O. Box 96
Empire, MI 49630
(H) 231-326-6141
rballmer@earthlink.net

Joan Brown
4256 Lamdale Ct. SE #A-2
Grand Rapids, MI 49546
(H) 616-285-3681
(W) 616-676-9111
jmbrown@strobertychurch.org

Anita Smith Buckwalter
4025 Stabler Street
Lansing, MI 48910
(W) 517-394-7693
smithbuckwalter@prodigy.net

Mary Dillon
426 E. Harris Street
Cadillac, MI 49601
(H) 231-775-0042
(W) 231-775-3414
mldillon@charter.net

Philip L. Ellis
410 E. Front St.
Traverse City, MI 49686
231-342-7727
pellis@drphilellis.com

Michael Fonseca
2417 Cranberry Creek Ct.
Ravenna, MI 49541
(H) 231-853-8686
michaelfonseca@verizon.net

Ann Hacker
19885 North Avenue
Battle Creek, MI 49017
(H) 269-963-0698
(W) 269-986-7540
ajhacker@voyager.net

Judith Hahn
40 Jefferson St. SE
Grand Rapids, MI 49503
(W) 616-356-6257
JudyH@cssgr.org

Randall R. Hansen
1011 Second St.
Muskegon, MI 49440
(H) 231-780-3084
(W) 231-722-6545
rhansen@muskegoncentralumc.org

Jan Haselschwerdt
336 Geneva Circle
Lansing, MI 48917
(H) 517-323-1954
(W) 517-323-2379
jhaselschwerdt@stgerard.org

James Hodge
260 Vine Street
Caledonia, MI 49316
(W) 616-891-8669
(H) 616-891-8167
jim.hodge@caledoniaumc.org

Spiritual Directors

Spiritual Directors

Sr. Virginia Jones, SSJ
Transformations Spirituality
Center
3427 Gull Road, P.O. Box 02
Nazareth, MI 49074
(W) 269-381-6290 x308
vjones@csjoseph.org
(H) 269-344-9124

Marcy Keefe-Slager
3832 Westchester Blvd.
Jackson, MI 49203
(H) 517-750-9112
Keefe-slager@comcast.net

Diane G.H. Kilmer
1518 Caterbury Trail
Mt Pleasant, MI 48858
(H) 989-773-0281

Kathleen Kingslight
929 E. Centre
Portage, MI 49002
(H) 269-324-4902
(W) 269-327-7878
KKingslight@aol.com

Delcy Kuhlman
16495 West Clear Lake Road
Buchanan, MI 49107
(H) 269-695-7378
(W) 269-695-7378
dkuhlman@andrews.edu

Ruth M. Kummer
3904 Golfside Road
Ypsilanti, MI 48197
(H) 734-434-0195
rkummer@att.net

Chris Lane
PO Box 154
969 E. Allegan
Martin, MI 49070
(W) 269-672-7097
Cell: 269-685-7133
revchrislane@sbcglobal.net

Anne Laurance
876 Heather Way
Ann Arbor, MI 48104-2734
(H) 734-761-4911
annelaurance@alumni.marquette.edu

Nancy LeValley
2961 Crescent Shores Dr.
Traverse City, MI 49684
(H) 231-929-3155
nblvly@charter.net

Jan Deremo Lundy
10271 Deerpath South
Traverse City, MI 49684
(H) 231-995-9272
(W) 231-933-6070
jan@awakenedliving.com

Gertrude Maurer
3427 Gull Road
Nazareth, MI 49074
(H) 269-388-3409
(W) 269-381-6290
gmaurer@ssjnazareth.org

J. David Muyskens
2130 Griggs St. SE
Grand Rapids, MI 49506
(H) 616-452-2234
jdmuyskens@sbcglobal.net

Spiritual Directors

Spiritual Directors

Karhleen Murphy
11549 N. Main
Roscommon, MI 48653
(H) 989-275-5266
(W) 989-821-5490
murphyks@voyager.net

Sr. Christine L. Parks, CSJ
3427 Gull Road
Nazareth (Kalamazoo), MI
49074-0002
(W) 269-381-6290
cparks@csjoseph.org

Thomas Pier-Fitzgerald
83 W. 18th
Holland, MI 49423
(H) 616-393-6242
(W) 616-538-3070

Donna Rathert
56020 Day Road
Three Rivers, MI 49093
(H) 269-244-1601
DRRathert@hotmail.com

Mary Robling
8737 Fairway Drive
Beulah, MI 49617
(H) 231-882-9912
marychar@coslink.net

Laura L. Smith
3602 Cooper Court #16
Kalamazoo, MI 49004
(H) 269-349-6521
(W) 269-381-6290

Jay Stark-Dykema
1465 Birchwood Drive
Okemos, MI 48864
(H) 517-347-0518
(W) 517-346-8060
jsdykema@sbcglobal.net

Jim Thompson
5975 Mill Point Ct. SE
Kentwood, MI 49512
(H) 616-656-3492
thompsonfive@hotmail.com

Elizabeth H. Tompkins
Stuart Avenue Inn B&B
229 Stuart Avenue
Kalamazoo, MI 49007
(W) 269-342-0230
1-800-461-0621
(H) 269-342-1048
FAX: 269-385-3442
Transformations number:
269-381-6290

Barbara K. Toshalis
Stillpoint
2225 Spencer Drive
Middleville, MI 49333
(W) 269-795-9799
btosh@i2k.com

Gerald L. Toshalis
Stillpoint
2225 Spencer Drive
Middleville, MI 49333
(W) 269-795-9799
jtosh@i2k.com

Spiritual Directors

Spiritual Directors

Timothy Tuthill
1118 S. Harrison
E. Lansing, MI 48823
(H) 517-449-4965
(W) 517-332-0861
tim@innersection.org

John T. Ullrich
10498 N. Twin Lake Road NE
Mancelona, MI 49659
(H) 231-587-5863
gentaljack@torchlake.com

Jean Marie Umlor
1358 Maybelle
Grayling, MI 49738
(W) 989-348-6716
jumlor@mercydetroit.org

Mary VanAndel
3767 64th St.
Holland, MI 49423
(H) 616-857-7010
Bethabara: 269-857-7010
Bethabara@comcast.net
maryvanandel@comcast.net

Dennis Wenzel
6835 Union Rd.
Plymouth, IN 46563
(W) 574-936-8365
(H) 574-936-9627
Immanuel@kconline.com

Elizabeth "Betsy" Willey
4350 Riverwatch
Rockford, MI 49341
(H) 616-863-8146
o2bawood@msn.com

Retreat Centers

Spiritual retreat is the experience of Sabbath. It is the meeting place between our search for God, and God's search for us. It is a time of solitary prayer, reflection and discernment. As such, the experience provides ample opportunity for the renewal of mind, body and spirit.

The following locations provide a variety of retreat options. Most settings offer meals and simple accommodations. Residential retreats can be from one night to a week or more, and may or may not include spiritual direction.

You are encouraged to contact one or more of the following centers, seeking information that will help you select the best location and desired experience.

The Dominican Center at Marywood

2025 East Fulton Street
Grand Rapids, MI 49503
616-454-1241

St. Francis Retreat Center

703 East Main Street
DeWitt, MI 48820
517-669-8321

Retreat Centers

St. Gregory's Abbey

56500 Abbey Road
Three Rivers, MI 49093
269-284-5893

The Saugatuck Retreat House

212 Grand Street, P.O. Box 801
Saugatuck, MI 49453
269-886-8007

Augustine Center Retreat House

2798 N. U.S. 31
Conway, MI
231-347-3657

Transformations

3427 Gull Road, P.O. Box 02
Nazareth, MI 49074
269-381-6290

Manresa Jesuit Retreat House

1390 Quarton Road
Bloomfield Hills, MI 48304
248-644-4933

Weber Center

1257 Sienna Heights Drive
Adrian, MI 49221
517-266-4000

Stillpoint

2225 Spencer Drive
Middleville, MI 49333
269-795-9799

Bethabara

3767 64th Street
Holland, MI 49423
269-857-7010
Bethabara@comcast.net

Columbiere Retreat Center

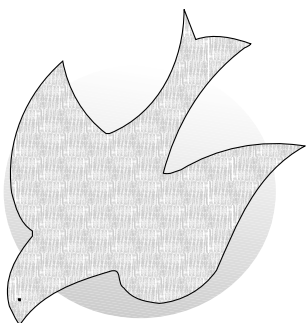
P.O. Box 139
Clarkston, MI 48016
248-620-2534

Gilchrist Retreat Center

56265 Day Road
Three Rivers, MI 49093
269-244-1130

Still Waters

16495 W. Clear Lake Rd.
Buchanan, MI 49107
616-695-7278



Retreat Centers

Consultation

Should you have any questions and/or would like further information regarding spiritual direction and retreat opportunities, please contact:

Rev. Dr. William Beachy
Order of Elders, Chair
7533 W. St. Joseph
Lansing, MI 48917
(517) 627-8388
wbeachy@lansingtrinity.org



prepared by
Board of Ordained Ministry
West Michigan Conference
The United Methodist Church
2009